# GRACE CHURCH ANNUAL "HEALTHY CHALLENGE" FUNDRAISER

This year our "Healthy Challenge" fundraiser will take place in August 2021.  This is a fun activity for all ages, from age 2 – 100!  Here is how it works:

Participants create an individual healthy goal challenge to be completed during August.  The goal can be anything that keeps you strong and healthy in mind, body, or spirit, e.g., practicing yoga every day, walking daily, getting 8 hours sleep, participating in an exercise class, meditating daily, eating an extra serving of vegetables each day, or even dropping a few pounds.

The next step is to obtain sponsors and/or sponsor yourself, whatever works best.  When describing your challenge to potential sponsors, please be specific --e.g., yoga every morning, or walk 5 extra miles each week, meeting daily fruit/veggie goal, or lose 5 lbs. -- so that your sponsor can decide how to donate.  No donation is too small; small donations add up.  (It's also true that no donation is too big!)

If you can participate, please send an email to Fundraising@gracechurchsalem.org. with your name and activity so that the Fundraising Committee can keep track of who is participating.  We can answer any questions and will reach out to you with a reminder when it is time for you to collect donations from your sponsors.

The form below can be used by you to track sponsors and your activity on a daily basis during August 2021.  If there is not enough room you can attach additional pages or create your own form.  You keep the form for your own record keeping; there is no need to provide it to the Fundraising Committee.

Funds raised will support Grace Church in its operations and mission.  At the end of August, checks should be made out to Grace Church with "Healthy Challenge" in the memo line.  Or, use the donation button on the church website but notify the Fundraising Committee so that the money gets attributed to the fundraiser.

**PLEDGE**

I, _____

take on the healthy goal challenge of _____

for the month of August 2021.

| Sponsor Name | Flat Donation | or | Donation by Activity | Total |
|---|---|---|---|---|
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |
| _____ | _____ | | _____ | _____ |

|  | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 |
|---|---|---|---|---|---|
| Sunday | 1 | 8 | 15 | 22 | 29 |
| Monday | 2 | 9 | 16 | 23 | 30 |
| Tuesday | 3 | 10 | 17 | 24 | 31 |
| Wednesday | 4 | 11 | 18 | 25 | |
| Thursday | 5 | 12 | 19 | 26 | |
| Friday | 6 | 13 | 20 | 27 | |
| Saturday | 7 | 14 | 21 | 28 | |