

Deacon's Musings

I am looking out on a beautiful sunny day and thinking about how the bright sun changes my day. In the winter about this time of year, the sun brings warmth and hope for the spring



which is to come. I want to be out in it, feeling the warmth on my face and back, seeing the brightness of the colors around me and looking for the interesting shadows in the late afternoon. A sunny day seems to have endless possibilities.

My thoughts then move on to wonder if I have the same sort of reaction to the knowledge of Christ being with me every day. Do I feel His presence with me? Do I think about how Jesus gives me hope, do I see more possibilities for my day because He is here within?

When I make the time to be open to God and Jesus, I feel it in my body as true relaxation of all the tension I am carrying. A sense of peace and wellbeing enters deep within me and I smile. I have confidence the day will go well. There is the feeling of possibility, for Jesus is walking with me.